

# Setting sail



Newsletter of the Disabled Sailing Association of British Columbia  
Summer 2010

## Looking to 2010 season

Sailors and volunteers are looking ahead to another Disabled Sailing Association of BC (DSA-BC) summer season.

It begins Wednesday, May 26, following a volunteer orientation session.

DSA-BC sailors should expect opportunities for beginning and experienced sailors, along with regattas and Sunday racing, said program manager Kirk Duncan.

“We cater to all levels of interest and ability,” said Duncan. “And adaptive sailboat design means absolutely anyone can sail.”

DSA-BC will be running three regattas, Cascadia, New Beginnings and the Integration Regatta, and supporting two more: Jericho Classic and Waves Regatta. It will also host a children’s day, held June 26, and the July 23 Passport to Play day which enables people with disabilities to try different sports and activities.

For more info visit:  
[www.disabledsailingbc.org](http://www.disabledsailingbc.org)



Flashback: Silver Fleet winner Shelley Gautier, with Danny McCoy, at the 2006 Vancouver Mobility Cup.

## The Mobility Cup is coming home

This year’s Mobility Cup is coming back to Vancouver – and places are already beginning to fill.

Mobility Cup, Canada’s annual regatta for sailors with disabilities, is open to anyone with a significant physical disability – both novice and experienced racers.

The regatta will be hosted by DSA-BC and Royal Vancouver Yacht Club, and involve five days of sailing on English Bay from **Sept. 13 – 17**, using the adaptive Martin 16 sloop. Racing will be in two classes of 20 boats, each divided according to sailing experience.

The Mobility Cup was first held in Vancouver in August 1991, launched by DSA-BC founder Sam Sullivan to promote adaptive sailing. It has grown and travelled across Canada, inspiring adaptive sailing and technical innovation .

The Mobility Cup led to the first ever attempt to control a sailboat with mouth-operated sip n’ puff control, in 1994, and in turn to the development of the M 16, a boat engineered to allow power assisted controls.

“I would not be able to sail without sip n’

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# Volunteer

DSA-BC cannot exist without sailing volunteers.

Dedicated volunteers keep the summer program afloat, fulfilling a variety of land and on-water roles. Duties range from assisting clients to and from boats, launching and teaching sailing skills.

For more information call Eric Molendyk for more information: 604-688-6464 ext. 117.



Launching dreams: Volunteers enabling disabled sailing!

# Summer 2010 sailing season is here

The 2010 Disabled Sailing Association of BC (DSA-BC) calendar lists the regattas and other events that will be a highlight of this sailing season.

In addition to these events, regular sailing is held Wednesday to Sunday, 11am to 7pm, at Jericho Sailing Centre (1300 Discovery St., Vancouver, BC) between **May 26** and **September 3**. The DSA Race Club is held Sundays throughout the sailing season, according to demand.

Date	Events
<b>MAY</b>	
Thursday, May 20	Booking starts
Saturday, May 22	Spring clean & volunteer orientation
Wednesday, May 26	Opening Day - first day of sailing
<b>JUNE</b>	
Sundays	DSA Race Club
Saturday/Sunday, June 5 - 6	Jericho Classic Regatta
Saturday/Sunday, June 19 - 20	New Beginnings Regatta
Saturday, June 26	DSA and BCMOS Kids Day
<b>JULY</b>	
Sundays	DSA Race Club
Thursday, July 1	DSA is open on Canada Day!
Saturday/Sunday, July 3 - 4	Waves Regatta (hosted by Royal Vancouver Yacht Club)
Friday, July 23	Passport to Play day
Saturday/Sunday, July 24 - 25	Cascadia Regatta
<b>AUGUST</b>	
Sundays	DSA Race Club
Sunday, August 29	Integration Regatta & year-end barbecue
<b>SEPTEMBER</b>	
Friday, September 3	Last day of sailing
September 13 - 17	Mobility Cup (hosted by Royal Vancouver Yacht Club)

Changes to the schedule may occur. For more information – including regular updates, see the DSA website, [www.disabledsailingbc.org](http://www.disabledsailingbc.org), or phone 604-688-6464 ext. 117.

# Mobility Cup

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puff controls,” said veteran Mobility Cup competitor Terry LeBlanc, of Vancouver. “Sam’s goal from the very beginning was that he didn’t want anybody left behind.”

There aren’t that many opportunities to be competitive at my level of disability, unless you want to be a passive participant. You get back exhausted, but at the same time sailing totally refreshes you.”

To enter this year’s international event, visit [www.mobilitycup2010.org](http://www.mobilitycup2010.org).

# Kid’s day!

DSA-BC is hosting a special event for children.

Held June 26, the DSA and BCMOS Kid’s Day will introduce a future generation to both sailing and hiking.



to help keep DSA afloat!

Give us your unwanted boat and receive a full tax receipt.

Call 604-688-6464, ext. 132  
[www.disabledsailingbc.org/boatdonation\\_program](http://www.disabledsailingbc.org/boatdonation_program)